



Spirit Gate Presents **SUMMER**

Youth Horse Camp

Level 1 - Building a Successful Relationship on The Ground
Level 2 - Building a Successful Relationship in The Saddle

Dates:	July 3-7	Level 1 Insight Horsemanship
	July 17-21	Level 2 Insight Horsemanship/Riding
	Aug 7-11	Level 1 Insight Horsemanship
	July 21-25	Level 2 Insight Horsemanship/Riding

Time: 9 am - 2 pm
Monday - Friday
Limit of 10 participants

Where: Spirit Gate Farm 2541
Herd Rd. Duncan, BC

Cost: **Level 1 \$300/person**
Level 2 \$500/person
(includes last night sleep over
for Level 2)

Insight Horsemanship is relationship based education, establishing trust, and emotional safety that leads to confidence and competence in partnering with horses. Our horses are willing participants, we take our time through patience and respect, learning the subtleties of their body language and how they reflect 'insights' into our personal awareness and development. Youth learn empathy, effective communication, clear intention, team work, creative problem solving and more, this translates into powerful life and leadership skills. Our time with the horses is always a metaphorical learning that apply's directly to life.

Building a trusting relationship begins on the ground, all of my students start here and when they have established a level of confidence and competence they can then begin riding. I teach body awareness riding, connecting mind and body, leads to beautiful congruent communication between horse and rider. What my students successfully have learned on the ground is now translated onto the horses back, grounded in safety and willing partnership. Happy horses, happy kids!



For More Info and Registration :
Contact Michelle Atterby, Certified Equine Learning Facilitator,
Director of Spirit Gate Farm michelle@spiritgate.ca or call 250.737.1484